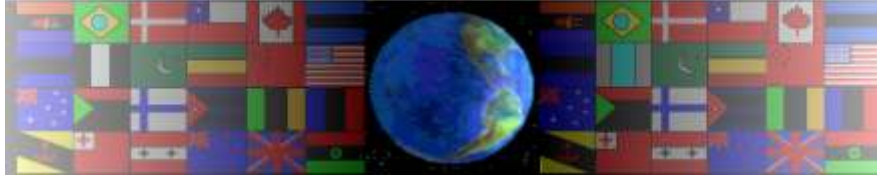


GROWING UP - ADOLESCENCE

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On behalf of The World Association of Technology Teachers

W.A.T.T.



World Association of Technology Teachers

This exercise can be printed and used by teachers and students. It is recommended that you view the website (www.technologystudent.com) before attempting the design sheet .

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Adolescence is all about growing up. As we grow up the way we think and act changes. If you watch a child of four or five years of age and then compare his/her actions to a person of your age, there will be differences. If you watch a person of your age and compare his/her actions with those of your parents you will again find that there are plenty of differences.

As we get older we become more mature in the way we think and act.

What is immaturity?

An immature person is one that has difficulty sorting out problems and usually gets angry, frustrated, agitated and sometimes violent. They usually act before they think. Young children act like this when they have a tantrum.

What is a mature person?

A mature person is one that is able to find a solution to problems through discussion. They are able to think carefully about their own actions before acting. Young people and adults are usually like this.

EXERCISE

1. Complete the two columns below by adding the names of gifts that the two people are likely to want as a presents. The people must be both male or both female.

CHILD 5 YEARS OLD

Eg. Winnie the Pooh toys

ADULT 20 YEARS OLD

Eg. Mobile phone

2. Why do you think the gifts the young child may like are not suitable for the adult?

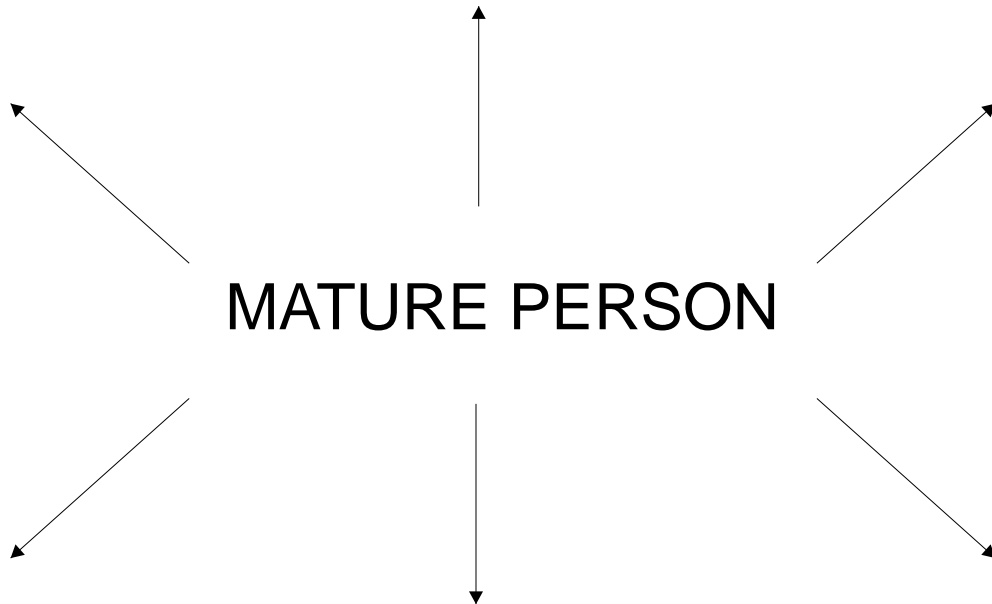
3. In the space below list all the gifts you would like to receive or have received recently.

Place a tick next to each gift that you consider are suitable for a person your age.

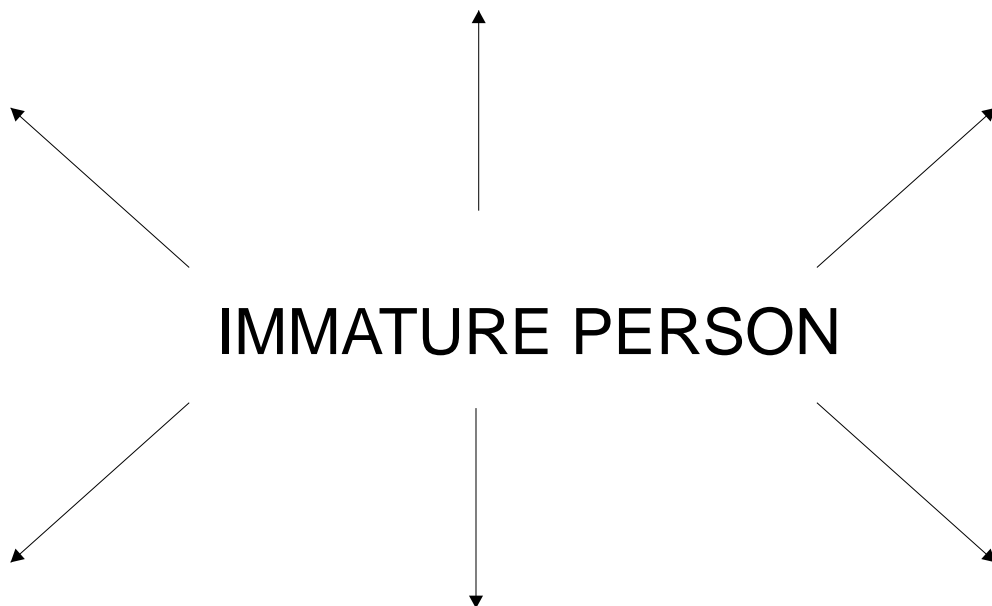
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4. Draw a rich picture with 'mature' at its centre. Around it place all those words you think represents a mature person.



5. Draw a rich picture with immature at its centre. Around it place all those words you think represents an immature person.



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Cut out each of the TV programme titles written below.

Look carefully at the types of TV programmes. Spend time considering which TV programmes are likely to be watched by young people aged 10 to 13 years of age AND those aimed at a typical 60 year old. Separate the TV Programmes into two groups on your table.

MTV / MUSIC	SHOPPING CHANNELS
NATURAL HISTORY ANIMALS / PLANTS	CARTOONS
ADVENTURE FILMS (EG HARRY POTTER)	GARDENING PROGRAMMES
QUEEN'S SPEECH	BLUE PETER
SIMPSONS	HISTORY PROGRAMMES
THE NEWS	CORONATION STREET
BIG BROTHER	X FACTOR

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Read the 'everyday' situations set out below. Then write down how you think mature and immature people would react. Place a tick next to the way you would react.

Situation One

You are crossing the school yard when a fellow pupil calls you a name.

MATURE:

IMMATURE:

Situation Two

It is lunch time and you have forgotten your dinner money but you only realise when you are next to the food. The supervisor has her back to you.

MATURE:

IMMATURE:

Situation Three

You are walking down the corridor when a 'bully' calls your friend a nasty name and begins to push him/her around. He turns to you and suggests you join in.

MATURE:

IMMATURE:

Situation Four

You are at home and have a bag full of homework to complete. Then some friends turn up and ask you to go to the cinema with them.

MATURE:

IMMATURE:

Situation Five

Your parents ask you to wash up after they have had ten friends round for a three course meal. You were not allowed to attend the meal but told to stay up stairs and watch TV.

MATURE:

IMMATURE:

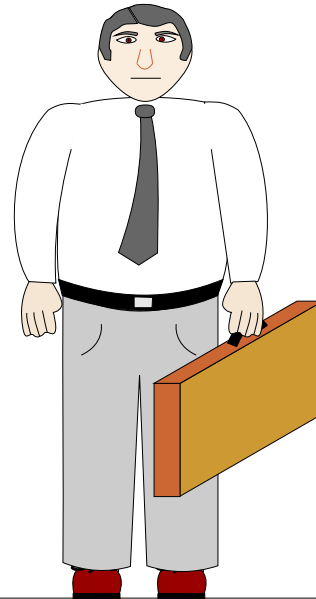
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Study the drawings of the two young people seen below.

1. In your opinion, which person looks mature and which looks immature. The key words/phrases below may help you write your explanation, underneath each drawing.

CLOTHES BRIEF CASE MEAN LOOKING SPRAY PAINT TIE
WELL DRESSED BUSINESS PERSON STREET WISE



2. Do you think that the way you dress shows whether you are a mature or immature person? Explain your answer.

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The rich picture / mind map shown below has the theme MYSELF'. Draw lines from the centre theme to the words that truthfully represent you. Add further words to the bottom of the rich picture / mind map. Add a small picture to each of the words.

PEACEFUL AGGRESSIVE

HELPFUL

UNHELPFUL

EDUCATED

IGNORANT

MYSELF

PLEASANT

UNPLEASANT

MATURE

IMMATURE

CONVERSATIONALIST

SELF-CENTRED
