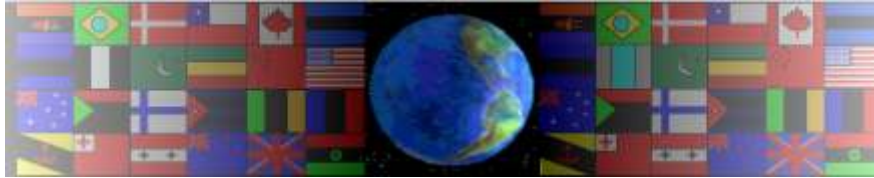


ALCOHOL

V.Ryan © 2000 - 2010

On behalf of The World Association of Technology Teachers

W.A.T.T.



World Association of Technology Teachers

This exercise can be printed and used by teachers and students. It is recommended that you view the website (www.technologystudent.com) before attempting the design sheet .

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ALCOHOL

Children and young adults try alcohol this is a fact. Recent research suggests that the majority of children have tried alcohol. Alcohol is a drug and can be very dangerous.

1. What is the legal age at which you can purchase alcoholic drinks? Tick the correct answer.

16 years

18 years

21 years

2. What do you think of drinking (under the legal age), under the supervision of your parents / guardians?
You may consider this as fine, as your parents keep an eye on you and make sure that you only have a glass of wine with a meal.

3. What do you think of drinking under the age of 18, without the knowledge of your parents / guardians?
What can it lead to?

Consider the following points - Drinking with friends or with groups - what can happen if you drink too much - accidents and violence - drinking at parties.

4. Why do you think young people start to drink alcohol?

EXPERIMENTATION

FEELING LIKE AN ADULT

BECAUSE THEIR FRIENDS DRINK

EXCITEMENT

FEELS GOOD

INCREASES CONFIDENCE

REDUCES INHIBITIONS - PEOPLE DO THINGS THEY WOULD NORMALLY NOT DO

5. Listed below are some of the short term and long term dangers of young people drinking alcohol?
Place an 'S' next to short term dangers and a 'L' next to long term dangers.

RISKY BEHAVIOURS LIKE DRUG USE

LOSS OF APPETITE

HANGOVERS

STOMACH AILMENTS

HEARING, AND COORDINATION

MEMORY LOSS

HIGH RISK FOR OVERDOSING

DISTORTED VISION

SERIOUS VITAMIN DEFICIENCIES

ALTERED PERCEPTIONS AND EMOTIONS

BAD BREATH

HEART AND CENTRAL NERVOUS

IMPAIRED JUDGMENT

CIRRHOSIS AND CANCER OF THE LIVER

6. What is 'binge' drinking?

Which of the following facts are true / false?

	TRUE	FALSE
Drinkaware is a charity that aims to provide people with practical advice and information on alcohol and aims to reduce alcohol-related harm.	<input type="checkbox"/>	<input type="checkbox"/>
A unit of alcohol is equivalent to half a pint of beer, or a single measure of spirits or a small glass of wine.	<input type="checkbox"/>	<input type="checkbox"/>
Drinking alcohol heavily and regularly does not damage the liver.	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol dehydrates the body.	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol abuse is not a problem in the UK but only happens when people go on holiday.	<input type="checkbox"/>	<input type="checkbox"/>
Crime actually falls when people drink too much because they become relaxed and happy.	<input type="checkbox"/>	<input type="checkbox"/>
Accident and emergency hospital units see an increase in admissions for treatment on Friday and Saturday nights, due to drink related incidents.	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol is a drug.	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol is not addictive and people can stop when they want to.	<input type="checkbox"/>	<input type="checkbox"/>
Alcohol is safe if drink if people keep to the guidelines issued by the Government. 2-3 units for women and 3-4 units for men (per day).	<input type="checkbox"/>	<input type="checkbox"/>

ANSWERS

LONG TERM DANGERS

SHORT TERM DANGERS

CIRRHOSIS AND CANCER OF THE LIVER

DISTORTED VISION

LOSS OF APPETITE

RISKY BEHAVIOURS LIKE DRUG USE

SERIOUS VITAMIN DEFICIENCIES

ALTERED PERCEPTIONS AND EMOTIONS

STOMACH AILMENTS

BAD BREATH

HEART AND CENTRAL NERVOUS

HANGOVERS

MEMORY LOSS

IMPAIRED JUDGMENT

HIGH RISK FOR OVERDOSING

HEARING, AND COORDINATION

TRUE

FALSE

Drinkaware is a charity that aims to provide people with practical advice and information on alcohol and aims to reduce alcohol-related harm.

A unit of alcohol is equivalent a half a pint of beer, or a single measure of spirits or a small glass of wine.

Drinking alcohol heavily and regularly does not damage the liver.

Alcohol dehydrates the body.

Alcohol abuse is not a problem in the UK but only happens when people go on holiday.

Crime actually falls when people drink too much because they become relaxed and happy.

Accident and emergency hospital units see an increase in admissions for treatment on Friday and Saturday nights, due to drink related incidents.

Alcohol is a drug.

Alcohol is not addictive and people can stop when they want to.

Alcohol is safe if drink if people keep to the guidelines issued by the Government. 2-3 units for women and 3-4 units for men (per day).